

Valerie (Val) Colwell (nee Halland)

passed away peacefully after a long and courageous battle with breast cancer at the Lions Gate Hospital in Vancouver, BC on Saturday, April 4, 2009 at the age of 59 years. Val was predeceased by her parents, Jessie and Arvell Halland. She leaves behind her loving husband David, daughter Stephanie (Allister) of Bowen Island, sons Blake and Craig of Vancouver, stepchildren Jeremy and Elissa of Calgary, AB and her adorable pups, Cody and Kasie. Also left to mourn her untimely loss are her sister Arlene (Raymond) Merrifield of Vancouver, BC, brothers Eric (Judith) of Kitimat, BC and Brian (Krista) of Kamloops, BC, nephews Kurt, Dan, Neil, Terrance, Adam and Blayne, nieces Nicole and Jessica and many, many close friends that she made during her incredible journey through life.

Val was a past resident of Yellowknife, having grown up at Con Camp and attending elementary and high school there before leaving to further her education down south. She met and married David in Calgary, AB where they continued to live before moving to the coast in the late 1980's where she resided until her passing. She had a wonderful career in sales which took her to many interesting places across the country.

A celebration of her life will be held in Vancouver on June 14, one day before what would have been her 60th birthday. Location and time still to be determined. For those wishing, a contribution in Val's name may be made to the Canadian Cancer Society.

