

Charlie Tobac

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*T*here are reasons for things that happen, even the death of loved ones. At the time of sorrow, families are brought together to mourn.

The tears of our losses bring hearts and minds together that we are not alone. There are cultures that say don't cry, this is the old teaching of our elders and our ancestors.

Today our children can't live the life we lived.
If I need to cry, I will cry, the tears of letting go.

The creator, has given us these gifts to take care of ourselves. The tears are to wash our pains, our hurts away, we are humans who need attention from each other.

To support one another and to love one another.
We are told to be strong; don't let your tears touch the body of loved ones.
This message is from the old days of survival.
Today we are in a different world of emotions.
In the old days you are not to feel, not to grieve too long.

Sometimes we forget about the Creator,
we can't carry the heavy load. All the creator says is,
"you can't carry the load of burdens on your back
and through life – let go."

*Charlie wrote this poem the night before
he passed into the spirit world.*



Gone but not forgotten